

Medicines Matters

Issue 4 – 24th April 2025



The following new content has been uploaded to the Medicines Optimisation site on the Primary Care intranet up to the date of this circulation and can be accessed here [Medicines optimisation – Lancashire and South Cumbria Primary Care Intranet](#)

Medicines sustainability – Lancashire and South Cumbria Primary Care Intranet

Addition of the following resources

- Reducing medicines waste
- Greener inhaler waste
- Waiting room video on reducing medicine wastage
- KidzMed poster: teaching children to swallow tablet medication
- Pharmacy medicines Optimisation and sustainability checklist for green plans

Medicines safety – Lancashire and South Cumbria Primary Care Intranet

Addition of the following resources

- Medroxyprogesterone acetate: Risk of meningioma and measures to minimise this risk.
- Safe prescribing of propranolol – the potential under-recognised risk of harm from the use of propranolol.
- Resources to support with topiramate safety alert

Education and training – Lancashire and South Cumbria Primary Care Intranet

Access to the following training webinar

- Recorded webinars BTS/NICE/SIGN joint guideline for the diagnosis, monitoring and management of chronic asthma in children, young people and adult patients.

Clinical areas – Lancashire and South Cumbria Primary Care Intranet

Central nervous system and dependence forming meds

- Resources to support clinicians with patients in pain
- Resources to explore with patients who are in pain
- ICB wide services to support those in pain

Frailty

- Anticholinergic Medications leaflet
- Reducing anticholinergic burden.

Respiratory

- Guides to help you manage your asthma - multiple languages poster
- Check your inhaler technique poster.

Supply issues – Lancashire and South Cumbria Primary Care Intranet

Local supply updates

- Resources to support with shortage of medicines for pancreatic enzyme replacement therapy (PERT)